Scores não invasivos de fibrose:

Objetivo: Avaliar de forma não invasiva o grau de fibrose hepática

Scores e variáveis:

Table 6. Main scoring system for liver fibrosis with sensitivity and specificity.

Test	Parameters	Sensitivity (%)	Specificity (%)
APRI	AST/platelet count	57	93
AST/ALT	AST/ALT	51	71
Bonacini index	ALT/AST, INR, platelet count	46	98
ELF index	Age, HA, PIIINP and TIMP-1	90	69
FIB-4	Platelet count, AST, ALT and age	65	97
Fibro index	Platelet count, AST and γ-globulin	35	97
Fibrometer test	Platelet count, INR, AST, α2 macroglobulin, HA, urea and age	80	84
FibroSpect II	HA, TIMP-II and α2 macroglobulin	76	73
Forns test	Age, platelet count, γGT and cholesterol	30	95
Globulin–albumin ratio	Globulin and albumin	43	98
GUCI	Platelet count, AST and INR	80	78
Hepascore	Age, gender, bilirubin, γGT, HA and α2 macroglobulin	84	71
Lok index	Platelet count, AST, ALT and INR	68	72

γGT: Gamma glutamyl transferase; ALT: Alanine aminotransferase; APRI: AST to platelet ratio index; AST: Aspartate aminotransferase; ELF: Enhanced liver fibrosis; FIB-4: Fibrosis-4; GUCI: Goteborg University cirrhosis index; HA: Hyaluronic acid; INR: International normalized ratio; PIIINP: Procollagen III amino peptide; TIMP-1: Tissue inhibitor of metalloproteinase I; TIMP-II: Tissue inhibitor of metalloproteinase II.
Data taken from [72].

Fonte: Nallagangula, K. S. et al. Liver fibrosis: a compilation on the biomarkers status and their significance during disease progression. Future Science AO. 2018. 4(1), FSO250. doi:10.4155/fsoa-2017-0083

Calculadores automáticos:

APRI: https://www.mdcalc.com/ast-platelet-ratio-index-apri
FIB-4: https://www.mdcalc.com/fibrosis-4-fib-4-index-liver-fibrosis
NAFLD Fibrosis Score: https://www.mdcalc.com/nafld-non-alcoholic-fatty-liver-disease-fibrosis-score