

International Autoimmune Hepatitis Group (IAHG) simplified score

Objetivo: Confirmar diagnóstico de hepatite autoimune

Variáveis: presença de autoanticorpos (ANA, ASMA, LKM, SLA/LP), IgG ou gamaglobulina, histologia hepática, serologias virais.

Cálculo e interpretação:

Feature/parameter	Discriminator	Score
ANA or SMA+	≥1:40	+1*
ANA or SMA+	≥1:80	+2*
or LKM+	≥1:40	+2*
or SLA/LP+	Any titer	+2*
IgG or γ-globulins level	>upper limit of normal	+1
	>1.1x upper limit	+2
Liver histology (evidence of hepatitis is a necessary condition)	Compatible with AIH	+1
	Typical of AIH	+2
	Atypical	0
Absence of viral hepatitis	No	0
	Yes	+2

Definite autoimmune hepatitis: ≥7; Probable autoimmune hepatitis: ≥6.

*Addition of points achieved for all autoantibodies (maximum, two points).

Typical liver histology for autoimmune hepatitis = each of the following features had to be present namely, interface hepatitis, lymphocytic/lymphoplasmacytic infiltrates in portal tracts and extending into the lobule, emperipolesis (active penetration by one cell into and through a larger cell), and hepatic rosette formation. Compatible liver histology for autoimmune hepatitis = chronic hepatitis with lymphocytic infiltration without all the features considered typical. Atypical = showing signs of another diagnosis, like steatohepatitis.

Fonte: EASL Clinical Practice Guidelines: Autoimmune hepatitis

Calculador automático:

<https://www.mdcalc.com/simplified-autoimmune-hepatitis-aih-score>